



Vegan Oatmeal Cookies

¼ cup of ground flax seed and ¼ cup of hot water combined and set aside to thicken

½ cup vegan shortening (try Earth Balance brand)

¼ cup sugar (beet sugar is vegan)

¼ cup dark molasses

Mix until well combined and “fluffy”

1 ¾ cup whole wheat pastry flour

1 tsp. baking soda

1 tsp. salt

2 tsp. cinnamon

Combine with shortening/sugar mixture and add in ground flax seed/water mixture

Then add in:

2 cups rolled oats

½ cup chopped nuts

½ cup raisins

½ cup vegan dark chocolate chips

Drop by rounded spoonfuls, about 2 inches apart on a lightly greased baking sheet. Bake 10 – 12 minutes at 400°. Makes roughly 3 dozen cookies.

Courtesy – June Hayes